

Wednesday, 18.07.2007

The program is subject to updates !

8:30 - 9:30	CoBoEvolution <i>Ch. Tanesini</i>	Swimming 5 <i>M. Gasser</i>	Basket <i>Jeff Zownir</i>	Bewegungstheater <i>C.H. Mattis</i>	Spinning <i>Vincenzo</i>	Tape Course <i>W. Ghirardini</i>	Shooting Gallery	
9:45 - 10:45	Step Aerobic <i>V. Cardini</i>	Gym Stick <i>Viviana Zito</i>	Swimming 6 <i>M. Gasser</i>	Pair Acrobatics <i>B. Curt</i>	Athletics 1 <i>K. Holzner</i>	Tape Course <i>W. Ghirardini</i>	Body Stability <i>Test</i>	
Jause - Coffee time - Pausa								
11:15 - 12:15	Aerobic <i>L. Ozolina</i>	Moving Games <i>F. Blaha</i>	Handball 4 <i>O. Forer</i>	Cardio Test	Recreation <i>Urbainsky</i>	Masai Barefoot <i>Technology</i>	Shooting Gallery	
Pranzo - Mittagsessen - Lunch time								
14:00 - 15:00	Step Aerobic <i>V. Cardini</i>	Physiotherapy <i>W. Gherardini</i>	Basket <i>Jeff Zownir</i>	Slow Motion <i>Ch. Mattis</i>	Intercross <i>S. Sozzi</i>	Masai Barefoot <i>Technology</i>	Spinning <i>Vincenzo</i>	
15:15 - 16:15	CoBoEvolution <i>Ch. Tanesini</i>	Physiotherapy <i>W. Gherardini</i>	Floorball <i>A. Kasaukas</i>	Weight training <i>Eddie Coyle</i>	Moving Games <i>F. Blaha</i>	Intercross <i>S. Sozzi</i>	Athletics 2 <i>K. Holzner</i>	Touch Football Paul Forbes
Jause - Coffee time - Merenda								
16:45 - 17:45	Jazzdance <i>S. Raffener</i>	Cardio condition <i>A. Streitberger</i>	Handball 5 <i>O. Forer</i>	Gym Stick <i>Viviana Zito</i>	Sportmassage <i>Urbainsky</i>	Masai Barefoot <i>Technology</i>	Touch Football Paul Forbes	
17:45 - 18:30	All togheter with Bernd Curt							
19:30 - 21:00 - 02:00	From the Meeting Point Departure to the "TARTSCHER BÜHEL" Abendessen - Dinner - Cena							