

Thursday, 19.07.2007

The program is subject to updates !

8:30 - 9:30	Acquagym A. Streitberger	Caraibic Dance <i>Mimmo</i>	Spinning <i>Vincenzo</i>	Trilochi <i>Mössler</i>	Pair Acrobatics <i>B. Curt</i>	Physiotherapy <i>W. Gherardini</i>	Theater C.H. Mattis
9:45 - 10:45	Aerobic V. Cardini	Fitline Energym <i>Mimmo</i>	Acquagym A. Streitberger	Basket J. Zownir	MBT	Physiotherapy <i>W. Gherardini</i>	Sportmassage <i>Urbainsky</i>
Jause - Coffee time - Pausa							
11:15 - 12:15		Staby Gym A. Streitberger		Pilates, Spiritball <i>Mössler</i>	Handball 6 <i>O. Forer</i>		Moving Games <i>F. Blaha</i>
Pranzo - Mittagsessen - Lunch time							
14:00 - 15:00	Aerobic V. Cardini		Spinning <i>Vincenzo</i>	Basket J. Zownir	Lecture N. Urbainsky	Tape Course W. Gherardini	Theater C.H. Mattis
15:15 - 16:15		Jazzdance S. Raffener		Handball 7 <i>O. Forer</i>	MBT	Tape Course W. Gherardini	Moving Games <i>F. Blaha</i>
Jause - Coffee time - Merenda							
16:45 - 17:45	All togheter with Andy Streitberger						
19:30 - 21:00	Abendessen - Dinner - Cena						
21:00 - Open End	Final party with DJ Paolo						